

Deciding To GET HELP

Does anyone threaten or coerce you by:

- Physical, emotional, psychological or spiritual abuse?
- Financial control?
- Sexual violence?
- Keeping you from others?
- Threatening or harming children, family or pets?

You Are Not Alone

When you are ready, help is available. Resources are listed on the back page.

Suggestions:

- Make a realistic and flexible plan with someone you trust
- Know where to go for safety
- Know resources to contact you may consider; choose some

Please remember LOVE is:

- Patient and Kind
- Humble and Giving
- Trusting and Gracious

LOVE ✓

- Listens
- Hugs
- Laughs together
- Supports

LOVE ✗

- Manipulate
- Shove
- Scream
- Cause abuse
- Cost anyone her/his life

You Are Never Alone

“With support, we have been able to move from being victims of domestic violence to survivors, living safely, happier and empowered lives.”

- Survivor's Advisory Group,
Children's Aid Society's - Family Wellness Program

For Immediate Assistance

- Dial 911 (anywhere) or 311 (in New York City)
- NYC Domestic Violence Hotline:
1-800-621-HOPE (4673)
- National Domestic Violence Hotline:
1-800-799-SAFE (7233)
- National Sexual Assault Hotline:
1-800-656-HOPE (4673)

Shelters and Resources:

- A Call to Men: 917-922-6738
- Childhelp National Abuse Hotline: 1-800-422-4453
- Connect NYC: 212-683-0015
- Covenant House: 212-613-0300
- Faith Trust Institute: 206-634-1903
- Freedom House (for people with disabilities):
212-400-6470
- Genesis Domestic Violence Shelter (Jewish):
212-304-1430
- House of Peace (Muslim): 212-555-0123
- National Suicide Hotline: 800-273-8255
- NY Asian Women's Center: 212-868-6741
- NYC Mayor's Office for LGBTQ Affairs:
212-541-3950
- NYC Crime Victims Services:
1-866-689-HELP (4357)
- NYC Family Justice Centers: 212-602-2800
- NYS Coalition on Elder Abuse: 1-844-697-3505
- Safe Homes of Orange County (24 Hour Hotline)
845-562-5340
- Safe Horizon: 1-800-621-HOPE (4673)
- Sakhi for South Asian Women: 212-868-6741
- Sanctuary for Families: 212-349-6009
- The LGBT Community Center: 212-620-7310
- Violence Intervention Program: 1-800-664-5880

The Episcopal Diocese of New York: 212-316-7400

<https://www.dioceseny.org/mission-and-outreach/social-concerns/domestic-violence-resources/>

Everyone has the right to be:

SAFE PROTECTED HELPED

No one should be abused, live in fear or be under threat

The Domestic Violence and Sexual Assault Task Force is here to:

**Inform
Train
Empower**



THE EPISCOPAL
DIOCESE OF
NEW YORK

What is Domestic Violence?

Domestic Violence, also recognized as Interpersonal and Gender-based Violence, is violent, controlling and coercive behavior within an intimate relationship based upon power and control.

Sexual Assault
and all forms of Domestic Violence can happen to anyone

Domestic Violence occurs in all communities, representing all ages, all educational and economic levels, cultures, ethnic, faith traditions, abilities, gender identifications, and lifestyles.

Are you or someone you know at risk?

Possible Signs:

- Physical Marks
- Withdrawal or Sadness
- Explaining or Covering up
- Fear or Nervousness
- Loss of Hope, Mistrust or Anger
- Struggles with and Loss of Faith
- Feelings of Divine Punishment
- Fear or Losing Children if a Parent

Responding to Someone in Need

Friends and Family Can:

- Listen, believe and accept without blame; never judge
- Make Safety the #1 Priority and learn how
- Understand a victim may not be ready to contact anyone and has reasons she/he knows best
- Listen again, and with permission offer to assist
- Pay attention to a victim's non-verbal communication
- Consider accountability for the abusing person

A Community Can:

- Make a house of worship a place of Christian response and safety
- Be Compassionate
- Listen, Believe and Accept without blame
- Become the difference to someone
- Provide and complete Domestic Violence trainings
- Help and Encourage others to obtain training. Ask your parish to provide trainings and participate in our diocesan Domestic Violence and Sexual Assault trainings
- Pray, Listen yet again, and Respond Appropriately

Violence occurs in many intimate relationships affecting ourselves, our loved ones, and our neighbors. Abuse is widespread in our communities and violates our Christian faith.

In the United States in 2007, intimate partners murdered four women every day.¹

“Love is patient; love is kind; love is not envious or boastful or arrogant or rude.”

In the United States in 2008, 182,000 women ages 12 or older were raped or sexually assaulted: over 500 per day.²

“[Love] does not insist on its own way; it is not irritable or resentful;”

Almost five children die every day from child abuse or neglect. Nearly 72% of them are under age three.³ Up to 5 million elders are abused every year.⁴

“[Love] does not rejoice in wrongdoing, but rejoices in the truth.”

Our Baptismal Vows call each of us to “seek and serve Christ in all persons, loving your neighbor as yourself.” They call us to “strive for justice and peace among all people, and respect the dignity of every human being”. The Book of Common Prayer, p.305.

Quotes in italics are from 1Corinthians 13: 4-6.

¹ U.S. Department of Justice Bureau of Justice Statistics (<https://www.bjs.gov/content/pub/pdf/fvv.pdf>).

² Id.

³ According to the American Society for the Positive Care of Children (<https://americanspcc.org/child-abuse-statistics>).

⁴ According to the National Council on Aging (<https://www.ncoa.org/public-policy-action/elder-justice/elder-abuse-facts>).